

**RACE SAILING COURSE, LEVEL 2**  
**Jezera / Murter, 23. – 27. May 2024**

**DAY BY DAY SCHEDULE**

**Thursday, 23. May**

20.00 Welcome drink.

**Friday, 24. May**

09.30 Theory: Race sailing basics (Level 1 topics)

12.00. Lunch brake

13.00 Sailing: Getting familiar with the boat, advanced sail trim in different points of sail, tacking, jibing, gennaker sailing. Searching for weak points. Boat speed comparison. Layline training.

17.30 Debrief with analysis and debate.

**Saturday, 25. May**

09.30 Theory: Strategy and tactics. Upwind / downwind race from start to finish. Where to start, how to decide when to tack and jibe.

11.00 Sailing (Lunch break 13.30. – 14.30): Crew movement. Roll tacks, roll jibes. Race start exercises. Short races.

17.30 Debrief with analysis and debate.

**Sunday, 26. May**

09.30 Theory: Racing Rules of Sailing – complex situations (start, rounding marks...). How to sail a in different conditions (from no wind to gale force winds). Notice of Race, Sailing Instructions.

10.30 Sailing (Lunch break 13.30. – 14.30): Improving upwind and downwind sailing (speed and angles to the wind).

Improving tacks and jibes. Improving weak points of each participant. Upwind / downwind and coastal races.

17.30 Debrief with analysis and debate.

**Monday, 27. May**

09.30 Theory: Summary, debate.

10.30 sailing: Upwind / downwind and coastal races.

15.00 Closing debrief, farewell drink.

**SCHEDULE CHANGES**

As sailing is an outdoor sport, depending on weather, schedule changes are possible.